



We engage children in an inspiring, challenging, and civically active educational experience that embraces learning through the arts.

LFCSA's Weekly E-blast

School Closed:

Monday, January 16th
in observance of Martin Luther King Jr. Day

In the Classroom: Honoring Dr. King
Screen Free Week
Math Nights
Welcoming our New Artist in Residence
4th and 5th Grade Dance
School Site Council
MLK Day of Service
Calm Classroom

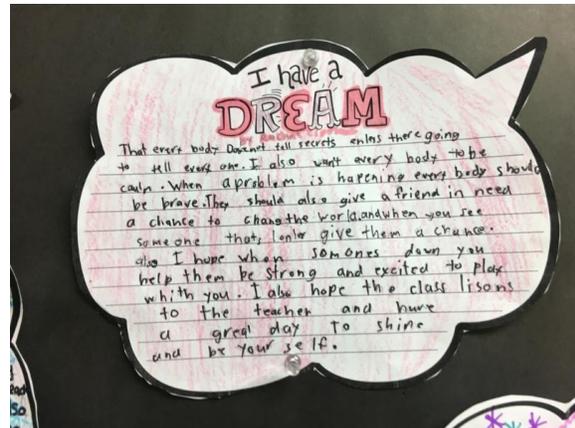
Si necesita traducción en español, llámenos a 323-539-2810

In Our Classrooms: Honoring Dr. Martin Luther King Jr.



In many of our classrooms this week students were learning about the great leader and activist Martin Luther King Jr. as we prepare to honor him on Monday, January 16th.

Teachers read books that taught students about his life and struggles as he pushed for change in the United States of America. Our 3rd graders listened to his famous "I have a dream" speech, and discussed their own dreams for the future and their classroom. In their writing units they wrote about these dreams and made plans on how to achieve them.



In 4th graders students watched a video about him and discussed how his work has affected their life directly. They will continue to use him as an influence in their persuasive writing unit this month as they explore speech writing and how choosing powerful words can touch people.

During Visual Arts, Ms. Serrano used powerful images that came out of the Civil Rights movement to provoke our students to think about how art can influence change. Our 5th graders were asked to think about a time in their life where they felt disrespected and will be working in pairs to create art that is influenced by this moment.



Looking at the diverse community represented in our classrooms, here at LFCSA, we are grateful for the hard work and sacrifice leaders like Martin Luther King Jr. put into our country.

We hope you all enjoy your day off and use this day to honor this great leader. Talk to your children and asked them what they have learned about his service and share your own dreams for the future.

LFCSA's Screen Free Week January 16th - 22nd



We are kicking off screen week on Monday! Here at LFCSA we are excited to rediscover the joys of life beyond the screen and hope you will join us as we unplug from digital entertainment and spend all that free time playing, daydreaming, creating, exploring and connecting with family and friends! LFCSA's screen free week will be held on Monday, January 16th - 22nd and we hope it will help us all kick off this new year with a week of being present with ourselves, without the screen, and in active participation with others.

For homework all students will be sent home with an [activity log sheet](#) to fill out starting Monday. We will be reflecting on these logs in the classroom.

The American Academy of Pediatrics has created **New screen time rules for kids**. Two hours of TV a day may be too much for kids. [Read the full story](#) about different recommended times for different age levels.

Screen-Free Week is a celebration, not an exercise in deprivation, rather it gives you the opportunity to enjoy leisure time and to dream up your own screen-free activities.

Click [here](#) for examples of activities that can be logged for each day of the week.

We look forward to hearing about all the things you did as a family during screen-free week. Please email us photos of your time together at johanna@losofelizarts.org

LFCSA Math Nights January 17th - 19th

Each grade level team will be sharing how math is being taught in the classrooms. Take this opportunity to get your questions about how you can best help your child be successful in math answered by the teachers! We will hold our Family Math Night during the Screen Free Week, so that you can also take home some ways to engage in math conversations at home.



Math Night Schedule

Tuesday, 01/17
TK/K & 4th grade - 4:00p.m.
3rd grade - 5:00 p.m.

Wednesday, 01/18
K/1 - 4:15p.m.

Thursday, 01/19
2nd & 5th grade - 5:30p.m.

Welcoming our New Artist and Residence



We are so thrilled to welcome James Rojas, our next Artist in Residence to LFCSA. James is an urban planner, artist and educator who has worked with very diverse communities in very different contexts (museums, universities, community centers, etc), to engage individuals in the visioning of their neighborhoods and communities. We are excited about the opportunity we will have as students and educators to draw connections between our work in the classroom and James' practice.

James will be in residency at our school from January 31st to February 9th. He will be facilitating two different types of urban planning-inspired sessions:

- Plan your Ideal City

Annual 4th and 5th Grade Dance January 28th



The 4th and 5th grade Dance-A-Roo will be held on Saturday, January 28th (Chinese New Year of the Rooster) from 5:00 p.m.- 9:00 p.m. This is a PTA hosted dance exclusively for 4th and 5th grade students and their guardians. It will be held to help raise funds towards scholarships to the 5th grade Catalina Field Trip in February.

Meet our School Site Council

- Jung Bell, Parent Representative
- Shannon Noel, Parent Representative
- Alyssa Valentine, Parent Representative
 - PJ Johnson, Parent Representative
- Johanna Voutounou Staff Representative
- Whitney Dubose, Teacher Representative
 - Anna Soffer, Teacher Representative
- Myra Hernandez, Teacher Representative
 - Linda Lee, Principal

helps develop and oversee the school's plans. State and Federal laws require us to have strategic plans that (1) determine and explain our goals and strategies for improving achievement for all students, and (2) indicate how the school's budget supports these goals and strategies.

A critical part of shaping our school priorities is getting your input. Where do you think LFCSA should be focusing its energy and resources? If you have any suggestions, let us know via our new email address, sitecouncil@losfelizarts.org.

Please note that the role of the SSC is to address long-term, big picture school issues, not to address specific issues regarding your child. The best way to handle such concerns is to reach out to your child's teacher first, or to school administration when appropriate.

We look forward to hearing your ideas!

**PTA's Annual MLK Day of Service
January 21st, 8:00 a.m.**



This year the PTA is excited to partner with the Glassell Park Improvement Association for a day of service. We hope you will join us as we provide an hour of our time cleaning up our school's community. Be sure to wear your LFCSA t-shirt and feel free to invite your family, friends and neighbors! For more information and to sign up, follow this [link](#).

[Calm Classroom Exercise for you to try at Home](#)

We are going to practice bee's buzz.

Sit with your legs crossed.

Get comfortable.

Place your hands on your knees.

Sit up tall so that your back is straight.

All the parts of your body are quiet and not moving.

When bees buzz, they make a quiet humming sound.

A quiet humming sound sounds like this: hmmmmmmm.

Let's all try making a quiet humming sound.

Take a big breath in.

Breathe out and quietly hum: hmmmmmmm.

Let's try that again.

Take a big breath in.

Breathe out and quietly hum: hmmmmmmm:

Now, let's try it again with our eyes closed and our ears covered.

Close your eyes and cover your ears.

Take a big breath in.

Breathe out and quietly hum: hmmmmmmm.

Rest your hands on your knees.

Think about how you feel.

[Wait 5 seconds]

Slowly open your eyes.



Upcoming Events

Please refer to our [school calendar](#) for updates to upcoming events

January 16th

NO SCHOOL in observance of Martin Luther King Jr. Day

January 16th-20th

Screen Free Week

January 17th - 19th

Math Nights

January 18th

School Tour for Perspective Families - 5:00 p.m.

January 19th

School Tour for Perspective Families - 9:00 a.m.

January 21st

PTA MLK day of Service - 8:00 a.m.

Contact

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(323) 539-2810

Stay Connected



"Instruction ends in the school-room, but education ends only with life."

- Frederick W. Robertson